

PRINCIPAL'S PEN

Dear Parents

School Development Day

Our staff enjoyed some fantastic professional learning and networking at our School Development Day yesterday. The theme of the day was health and wellbeing with the first part of the day being spent on first aid through St John's and wellbeing through HBF. The second part of the day was spent with our network schools where we were lucky enough to have Dr Mandie Shean speak to us. Dr Shean is a senior lecturer with Edith Cowan University and specialises in developing resilience and coping skills in children. Her keynote speech was highly informative and gave us all some great tips for helping students in relation to this.



Parking problems

We continue to have parking problems in and around the school as reported by our parents and neighbours. These issues include parking on verges around the school, parking in the staff car park and mounting kerbs in the driveway of the staff parking. These issues are also evident in the car park adjacent to the ESC. The safety of our students is paramount and we once again ask parents to follow parking signs around the school and road rules to ensure our children are safe when coming to/from school each day. Thank you for your support with this.

Student Newspaper

A group of Year 6 students have been working hard to put together the first Creaney student newspaper. The group, led by Leah D, are to be congratulated on getting their first edition out, which included lots of puzzles, information and entertaining competitions. We are looking forward to Edition #2.

PALS Funding

Last term, Miss Baker applied for some funding through the Partnerships, Acceptance, Learning, Sharing (PALS) program. PALS is an initiative of the Department of Local Government, Sport and Cultural Industries which encourages WA schools to develop projects that promote reconciliation in their local community. Our funding will go towards updating our school resources. Well done Miss Baker!

Waste Wise

You may have noticed some extra bins in our school. These bins were purchased with money we received from the Waste Wise Authority. Creaney PS has been an accredited Waste Wise school for five years and has been encouraging its students and families to recycle, reuse and renew. These bins will go into our eating areas and will be used for students to break down their waste into recyclable items versus general waste. Our food scraps will be used to feed our worms – what great recyclers we are. Later this year, each family will receive a reusable Creaney shopping bag 'showbag'. Inside the bags will be Waste Wise information, stickers and a recycling game for each family and, of course, the bag is yours to keep and to use. This initiative is part of our school Waste Wise project and also a P&C fundraiser – you get your first shopping bag free, but can also buy more – just in time for the government's initiative to ban plastic bags. Thanks to Sally Hammond and Miss Baker for putting together the Waste Wise plan – it is wonderful to see our school involved in these programs.

Connect

You will soon receive your secure login information to Connect via the email address we have on file for you. If you have recently changed your email address, please let us know by phoning 9309 1588 or emailing creaney.ps@education.wa.edu.au. This login will allow you to access your child's Semester 1 report. More information about this will go home to all families today.

Our next assembly is being held this Friday and is a Music assembly, which is being coordinated by Mrs Barker. We hope to see lots of families there.

Ms Rachel Monamy
Principal

VOLUNTARY CONTRIBUTIONS

Voluntary Contributions for 2018 are \$60.00 per child. Thank you to all of the families who have paid to date. The Voluntary Contributions supplement our school programs and assist us to offer a broad range of learning experiences and resources to students.

The Voluntary Contributions can be paid by direct deposit:

BSB 016-494 Account 3409 67445

Reference: Surname/initial 001

CHAPLAIN'S CHAT

How parents and carers can support children's mental health

<https://www.kidsmatter.edu.au/families/enewsletter/six-ways-support-positive-mental-health-children>

Mental health, like other health outcomes, is mostly about prevention. Here are some ways that you can help your child have positive mental health:

Listen to children's concerns

Having a caring adult to turn to when they are troubled, someone who will listen, understand without judging, and empower them to solve problems, is a critical protective factor for children's mental health.

Provide reassurance

Children often worry that the bad things they experience will happen again or get worse. This is normal. Often these kinds of fears are expressed through behaviours rather than words, such as becoming clingy, or being fearful about sleeping by themselves. Showing that you understand children's fears and providing reassurance and support is important for helping them cope.

Provide security

Different kinds of stress and change can be very disruptive to family life. Maintaining regular routines, such as bedtimes and mealtimes, reduces disruptive impacts and helps to provide a sense of stability and security for children. Similarly, children are reassured by knowing that a responsible adult is taking care of them and looking after their needs.

Build children's strengths and allow for vulnerabilities

Providing encouragement and positive feedback helps children build confidence in their ability to manage difficult situations. Acknowledging and appreciating the help and support that children provide to you during stressful times also helps to build their strengths.

At the same time, it is important to give children permission to not always have to be strong. Children who take on significant caring roles when parents or carers are struggling often hide their vulnerabilities. Their desire to avoid burdening parents and carers can cause additional hardship for these children, who need to know that support is available to them and that there are adults who will take care of them.

Make the connections and talk to educators

Early childhood educators and school staff can provide more effective support for children when they understand some of the pressures they may be facing in other parts of their lives. It is often very reassuring for children as well as for parents and carers to know that educators understand their difficulties and are ready to provide support. Staff at your child's school or early childhood service may also be able to provide you with support and advice, or help you find support services that can assist you and your children.

Seek additional help

If children show signs of emotional or behavioural difficulties, it is important to seek professional help early, so that problems can be addressed before they get worse. Getting support for yourself, through family and friendship networks, your child's school or early childhood service, or mental health or community services, is also very important. Getting support helps to build your own resilience so you can provide more effective care for your children.

Tim Mullen

Chaplain

WASTE WISE

Did you know Creaney is a Waste Wise accredited school? We have many exciting projects launching under our new initiative, 'Recycling Rampage'. Our mission, is to create sustainability projects within the school that will eventually be run by student committees. We are gathering resources so we can update the garden, create new worm farms and collect a variety of recycled materials. We will also be encouraging the community to recycle at home so each family can learn how to take care of the environment.



Fast fact- Littering

Australians generate almost 32 million tonnes of rubbish each year that can end up in our waterways, parks, streets and schools.

What can you do?

REDUCE – REUSE - RECYCLE

Reduce means to create less waste in the first place so that there is less rubbish that might become litter or go to landfill.

Reuse means to use the same items repeatedly or even to find another creative way to use them, such as buying refills or decorating old jars to store other items.

Recycle means to return a waste or litter item to a factory where it can be made into another of the same product or into something completely different.

This information is from the Waste Authority and can be found here:

<http://www.wasteauthority.wa.gov.au/media/files/wws/litter-fact-sheet.pdf>

Miss Baker
Teacher

LIBRARY BLURB

This term is going so fast!

Don't forget that the Star Reader competition continues for Pre-primary and Year 1 students until the end of this term.

The winners will be announced at the last assembly on 29 June.

The library is open at lunchtime on Wednesday, Thursday and Friday each week. The competitions in the Creaney Student newspaper are still running, so make sure you enter them if you haven't done so already. There are also copies of the Student newspaper for students to look at. It's full of some interesting information.

Mrs Sutton
Librarian

SCHOOL BOARD NEWS- Introducing Revana Boodhraj – Parent Representative

Hello,

I'm Revana and I've been a Creaney mum for the past four years with my son, Tashvir, now in Y2.

I am also an Electrical Engineer (Substation Design, Project management), South African by birth, Indian by descent and Australian by leap of faith!

Whilst I only joined the Creaney School Board this year, I have been part of our P&C for the last 3yrs to stay engaged and raise vital funding for school resources which benefits all of our children.

I hope to contribute to the Board by bringing my can-do attitude, adding some diversity and a parent/community member perspective.

As a full-time Electrical Engineer (Substation Design) and mum I understand that it's always a juggle to do anything extra, however I have found my small contribution to assist our school very rewarding. If you are not already involved in our school activities, I urge you to get in touch and/or volunteer when possible. As an added bonus you may enjoy it and make a few more friends too! Many HANDS make LIFE work!



Coffee and Conversations

The **no1** skincare Brand in the US has arrived in Australia! If you would like to know more about this new brand or would like to see the products then

Join us for a coffee this Friday morning, the 8th of June at 9am in Kingsley - message me for the address

There will be coffee, fun and freebies!!

We would love to see you there!

Annelize 0431396214 (year 1 mom)

RODAN+FIELDS
Independent Consultant



Kelly's Dance Academy

Ballet, Jazz, Tap
Tiny Tots Ballet
Bub & Me
Disability Program
Adult Classes

Inspiring your child through dance in a nurturing and fun environment

Contact us today to find the best class for your child:
info@kellysdanceacademy.com.au | 0406950486 | www.kellysdanceacademy.com.au

The image features a logo for Kelly's Dance Academy with a pink and white design. Below the logo are several colorful arrows pointing to the right, each containing text about different dance classes. The background shows a dancer in a green tutu. The text is a mix of bold and italicized fonts.

Education Security
9264 4771
Joondalup Police
9400 0888



Community • Achievement • Respect • Excellence

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WK 1 April/May	30 Students Commence Kindy Yellow	1 Kindy Yellow	2 Kindy Blue	3 Kindy Blue	4 Kindy Blue
WK 2	7 Kindy Yellow	8 Mothers day stall Kindy Yellow	9 Kindy Yellow	10 Mothers day stall Kindy Blue	11 Kindy Blue
WK 3	14 JumpJam P-6 11:30am School Board Meeting Kindy Yellow	15 NAPLAN Kindy Yellow	16 NAPLAN P&C Meeting pm Kindy Blue	17 NAPLAN Kindy Blue	18 NAPLAN Assembly E2 Disco P&C Kindy Blue
WK 4	21 Kindy Yellow	22 Kindy Yellow	23 Kindy Yellow	24 Kindy Blue	25 Kindy Blue
WK 5 June	28 Kindy Yellow	29 Kindy Yellow	30 Kindy Blue	31 Kindy Blue	1 Kindy Blue
WK 6	4 WA Day	5 School Development Day	6 Kindy Yellow	7 Kindy Blue	8 Assembly Music Specialist Kindy Blue
WK 7	11 School Board Meeting Kindy Yellow	12 Kindy Yellow	13 P&C Meeting am Kindy Blue	14 Constable Care Kindy Blue	15 Lightning Carnival Kindy Blue
WK 8	18 Kindy Yellow	19 Kindy Yellow	20 Kindy Yellow	21 Kindy Blue	22 Kindy Blue
WK 9	25 Kindy Yellow	26 Kindy Yellow	27 Kindy Blue	28 Kindy Blue	29 Last Day for Students Assembly A4 Kindy Blue